



16th Annual Retreat FOR Young Women

25TH - 28TH of September 2023

4 days
70 young women
20 leaders



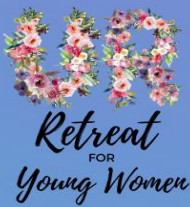
CREATE ↑ ↓ IMMERGE ↑ ↓ EMPOWER ↑ ↓ CELEBRATE

SPONSORSHIP PACK

CREATE. IMMERSE. EMPOWER. CELEBRATE.

70 YOUNG WOMEN | 20 LEADERS | 4 DAYS AWAY

25th - 28th September 2023 | www.bridgebuilders.com.au



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YOUTH CHARITY
CHANGING THE LIVES OF YOUNG PEOPLE

Dear Sponsor,

My name is Bonnie Knight and I am the Event Manager for the Bridge Builders **'UR Retreat'** for **Young Women**. Bridge Builders Youth Organisation is a not-for-profit youth charity based in the eastern suburbs of Melbourne, Victoria. We change the lives of young people through programs, leadership development, event management and business enterprise.

I am writing to you about the program the **'UR Retreat'** for **Young Women** that we deliver annually for 50 young women aged 13 to 15 years from the Yarra Ranges, Maroondah, Knox and surrounding areas. The **'UR Retreat'** is a four-day camp that assists young women to start their journey of self-discovery into young womanhood. The four-day program is all about how young women can **Create; Immerse; Empower; Celebrate**, themselves and others.

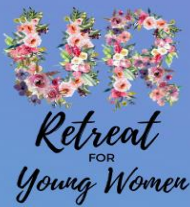
Bridge Builders will continue to change the lives of young women in 2023 for our 16th UR Retreat, as the overwhelming response demonstrates the growing need for such an experience as the retreat. Due to this growing need, we have decided to take away 70 young women this year. We would love for you to take the time to consider being a corporate sponsor and help Bridge Builders celebrate and continue the journey of changing the lives of generations of young women to come and being a part of a program that has already changed the lives of hundreds of young women.

In the pages following, you and your company will discover how to be involved in this life changing program in 2023. Thank you for taking the time to read over the sponsorship pack and I will be in touch with you in the next couple of weeks to discuss any questions you may have.

Kind regards,
Bonnie Knight
UR Retreat Event Manager
Bridge Builders Youth Organisation
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M: 0422 605 100
bonnie.knight@bridgebuilders.com.au

Vanessa Yates
UR Retreat Finance Co-Ordinator
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'UR Retreat' Details

The Where and When

This awesome four-day experience will be held in the first week of the term three school holidays, **Monday 25th September to Thursday 28th September, 2023**. Participants for the Retreat are nominated from local secondary schools in the Yarra Valley, Maroondah and Knox council areas and include surrounding neighborhoods. The "UR Retreat" has been tailored to benefit young women in Years 7 to 9 (aged 13 to 15) who may be considered to be or show behaviors such as:

- Lack of self-confidence/self esteem
- Poor Body Image
- Anti-social behavior
- Under-achievers
- Victims of peer pressure/bullying
- Bullies

Workshops, Activities and Guest Speakers

This year, with our 16th camp and an increase of participant numbers from 50 to 70, we are very excited to be able to offer outdoor education activities, on top of the educational Workshops and Guest Speakers we have to offer. Some of the workshops and activities may include;

Workshops

- Goal setting skills
- Make-up / beauty therapy
- Self Defence
- Positive body image/Fashion
- Relationships/communication
- Cyber bullying
- Self-expression / Art
- Recognising signs of depression

Activities

- High Ropes Course
- Bushwalking
- Red faces/ talent show
- Movie night

Guest Speakers

Speaking on issues such as:

- Positive body image
- Self esteem
- Overcoming life's challenges
- Personal achievement



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'UR Retreat' Testimonials

Jessica, 14 – Participant

During those four days the leaders and all the girls all made me feel like I had **somewhere to belong** and a place to **call home**.

I have taken away many things from Bridge Builders. **I have gained confidence, self-esteem, made new friends and I have even gotten better at giving hugs.**

My time at Bridge Builders and the amazing people who were there to support me has made me realize that it's **okay to be myself**, and that there are **always people around me** who are willing to help.

I would just like to say thank you to all of the leaders who took the time to support and talk to me, and I really appreciate everything you did.

Thank you for understanding me, not judging and having more confidence in me than I have ever had in myself. And I hope you all know that the things I achieved **could not have been done without your help**.

Kate, 15 – Participant

My first impressions of the retreat were not sure. I didn't think much of it to be honest; I thought it would just be an ordinary camp with just people like me.

We got there and I knew it would be nice; the place in general was very pretty and was **really relaxing**.

My thoughts about the place started to change on the first day when I did the high ropes. As soon as we got down there and did them, I was **so proud I felt like a different person**. I have **never done that before** and I am so shocked of heights, so I was so **proud of myself** getting to the top and **pushing myself** to the limit.

The camp has changed me so much, listening to everyone's journeys made me feel like I wasn't alone.

It was such an inspiring experience, and getting to know each and every one of those girls was such an amazing feeling.

Also the leaders were so nice, and were amazing to each and every one of us. I thought that this camp is such an **inspiration for young women like me, I couldn't ask for a better experience**.

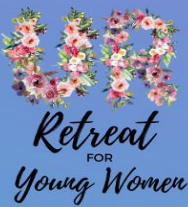
I'm grateful that I had the chance to go on this camp, because **it's helping me be a stronger person**.

Jakub Wolanski - Participant Sponsor

The UR Retreat is an absolute blessing as it takes 50 young women who may feel lost or stuck at such a pivotal stage of their lives and transforms them in a matter of days. Arming them with the vital tools and resources to thrive and become the best versions of themselves. And perhaps one of the most important lessons they take away is that there is always someone that cares and loves them, no matter what is happening in their lives at any given point. Which for many of us we could easily take for granted... Thank you to the amazing team at Bridge Builders for all their efforts in supporting our future generations! 😊

Sharon Witt – Author of the Teen Talk Series and UR Retreat Guest Speaker

It has been my **privilege** and **honour** to be **involved** in the 'UR Retreat' over the past few years. I have appreciated being given the opportunity to work with the attendees and hopefully provide some valuable input into their lives at such a **significant time**. The **UR Retreat does great work** with these girls and I have been encouraged to see the girls grow over the number of days they are surrounded by the care and positive input by the leaders who give of their time. This is such a **vital program** and offers girls a **positive direction** in their lives.



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Butterfly Adoption Options:

Adopt 'UR' Caterpillar

\$195.00 (includes GST)

This package entitles your company to the following:

- Financially supporting a young woman to attend the 'UR Retreat'.
- Invitation to attend the "UR Retreat' Dinner with the Butterflies" to meet and greet the young women attending.
- A 'UR Retreat' Commemorative product signed by a UR Retreat participant.
- A framed photograph of the participants and the leadership team.
- A framed certificate of appreciation.
- All other involvement by discussion.

Adopt 'UR' Butterflies

\$295.00 (includes GST)

This package entitles your company to the following:

- Financially supporting two young women to attend the 'UR Retreat'.
- Invitation to attend the "UR Retreat' Dinner with the Butterflies" to meet and greet the young women attending.
- A 'UR Retreat' Commemorative product signed by two UR Retreat participants.
- A framed photograph of the participants and the leadership team
- A framed certificate of appreciation.
- All other involvement by discussion.

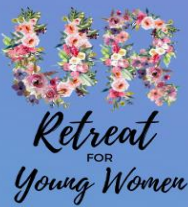
Adopt a Butterfly House

\$680.00 (includes GST)

This package entitles your company to the following:

- Financially supporting 5 young women to attend the 'UR Retreat'.
- Invitation to attend the "UR Retreat' Dinner with the Butterflies" to meet and greet the young women attending.
- A 'UR Retreat' Commemorative product signed by the Leading Ladies.
- A framed photograph of the participants and the leadership team.
- A framed certificate of appreciation.
- All other involvement by discussion.

Please select **one of the Butterfly Options** and fill out the details on the enclosed Sponsorship Form
(second last page of pack)



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The Create Fund

\$1,000 (+gst)

This package entitles your company to the following:

- Logo on all promotional material (if received before going to print).
- Promotional material to be placed in your place of business.
- Exclusive signage space in the general hall and dinner hall at camp site during the Create Day.
- Signage Space during the Dinner with the Butterflies evening.
- One cabin named after your company and/or employees.e.g. The 'your company's name' cabin.
- Company product/information in all gift bags handed to young women.
- A 'UR Retreat' Commemorative product signed by the Leading Ladies.
- A framed photograph of the participants and the leadership team.
- A framed certificate of appreciation.
- Logo and link on the Bridge Builders website on the UR Retreat page for 3 months.
- All other involvement by discussion.

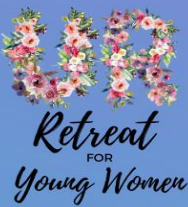
The Immerse Fund

\$2,000 (+gst)

This package entitles your company to the following:

- Logo on all promotional material (if received before going to print).
- Promotional material to be placed in your place of business.
- Exclusive signage space in the general hall, two of the workshop rooms at camp site during the Immerse Day.
- Signage Space during the Dinner with the Butterflies evening.
- One Cabin named after your company and/or employees. .e.g. The 'your company's name' cabin.
- Company product/information in all gift bags handed to young women.
- A 'UR Retreat' Commemorative product signed by the Leading Ladies.
- A framed photograph of the participants and the leadership team
- A framed certificate of appreciation.
- Logo and link on the Bridge Builders website on the UR Retreat page for 6 months.
- Presentation to your place of business by two of our Bridge Builders team.
- All other involvement by discussion.

Please select either **Create Fund or Immerse Fund Package** and fill out the details on the enclosed Sponsorship Form.



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The Empower Fund

\$3,500 (+gst)

This package entitles your company to the following:

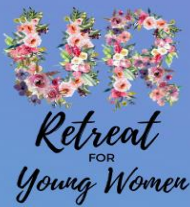
- Logo on all promotional material (if received before going to print).
- Promotional material to be placed in your place of business.
- Exclusive invitation to your company representative to meet and greet the leadership team at the 'Leaders Retreat' held in July/August (dates to be confirmed).
- Exclusive signage space at the leaders' retreat, the general hall and two of the workshop rooms at camp site during the Empower Day.
- Signage space during the 'Dinner with the Butterflies' evening.
- One Cabin named after your company and/or employees. . e.g. the 'your company's name' cabin.
- Company product/information in all gift bags handed to young women.
- Company's representative to present a certificate to leadership team.
- A 'UR Retreat' Commemorative Product signed by the leadership team.
- A framed photograph of the participants and the leadership team
- A framed certificate of appreciation.
- Logo and link on the Bridge Builders website on the UR Retreat page for 6 months.
- Presentation to your place of business by two of our Bridge Builders 'UR Retreat' team.
- An invitation to your company's representative to attend the 'UR Retreat' Reunion.
- All other involvement by discussion.

The Celebrate Fund

\$5,000 (+gst)

This package entitles your company to the following:

- Logo on all promotional material (if received before going to print).
- Promotional material to be placed in your place of business.
- Exclusive invitation to your company representative to meet and greet the leadership team at the 'Leaders Retreat' held in July/August (dates to be confirmed).
- Exclusive signage space in the main hall of camp site and all cabins during the whole UR Retreat.
- Signage Space during the 'Dinner with the Butterflies' evening.
- The UR Retreat team support cabin named after your company and/or employees. .e.g. the 'your company's name' cabin.
- Company product/information in all gift bags handed to young women.
- Company's representative to present a certificate to a participant during the dinner with Butterflies evening.
- Commemorative Product signed by the leadership team.
- A framed photograph of the participants and the leadership team
- A framed certificate of appreciation.
- Logo and link on the Bridge Builders website on the UR Retreat page for 12 months.
- Presentation to your place of business by two of our Bridge Builders 'UR Retreat' team.
- An invitation to your company's representative to attend the 'UR Retreat' Reunion.
- All other involvement by discussion.



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Sponsorship Form

Our Business/Company: _____

Contact Name: _____

Address: _____

Phone Number: _____

Email: _____

We agree to sponsor the 'UR Retreat for Young Women', which will be held on the 25th – 28th September 2023.

'UR Retreat' Sponsorship Options

Please tick the option you will be sponsoring.

Please note for the Butterfly Adoption options please specify how many you are sponsoring in the space provided.

- X \$195** GST inclusive - Adopt 'UR' Caterpillar
- X \$295** GST inclusive - Adopt 'UR' Butterflies
- X \$680** GST inclusive - Adopt a Butterfly House
- \$1,000** – The Create Fund Package
- \$2,000** – The Immerse Fund Package
- \$3,500** – The Empower Fund Package
- \$5,000** – The Celebrate Fund Package

Or my own choice of donation: _____

Payment Methods: Please indicate which method you will be using:

- Invoice Required Cash/Cheque Credit Card Direct Transfer/EFT

Signed: _____

Date: _____

Please email or post completed form back to **Vanessa at vanessa.yates@bridgebuilders.com.au** for confirmation and tax invoices to the details below.

Email: accounts@bridgebuilders.com.au

Post: Attention: Accounts, Bridge Builders, P.O. Box 473 Mount Evelyn VIC 3796