



"The Charity Changing the Lives of Young People"

13th Annual



Retreat

for



YOUNG WOMEN

CREATE. IMMERSE. EMPOWER. CELEBRATE.

50 YOUNG WOMEN

15 LEADERS

4 DAYS AWAY

30th Sept - 3rd Oct | www.bridgebuilders.com.au



"The Charity Changing the Lives of Young People"



Dear Sponsor,

My name is Hailey Conder and I am an Event Coordinator for the Bridge Builders **'UR Retreat'** for **Young Women**. Bridge Builders Youth Organisation is a not-for-profit youth charity based in the eastern suburbs of Melbourne, Victoria. We change the lives of young people through programs, leadership development, event management and business enterprise.

I am writing to you about the program the **'UR Retreat'** for **Young Women** that we deliver annually for 50 young women aged 13 to 15 years from the Yarra Ranges, Maroondah, Knox and surrounding areas. The 'UR Retreat' is a four-day camp that assists young women to start their journey of self-discovery into young womanhood. The four-day program is all about how young women can **Create; Immerse; Empower; Celebrate**, themselves and others.

Bridge Builders will continue to change the lives of young women in 2019 as the overwhelming response demonstrates the growing need for such an experience as the retreat. We would love for you to take the time to consider being a corporate sponsor and help Bridge Builders celebrate and continue the journey of changing the lives of generations of young women to come and being a part of a program that has already changed the lives of hundreds of young women.

In the pages following you and your company will discover how to be involved in this life changing program in 2019. Thank you for taking the time to read over the sponsorship pack and I will be in touch with you in the next couple of weeks to discuss any questions you may have.

Kind regards,

Hailey Conder
Retreat Coordinator
Bridge Builders Youth Organisation
P: 1300 640 160
Hailey.conder@bridgebuilders.com.au

'UR Retreat' Details

The Where and When

This awesome four-day experience will be held in the second week of the term three school holidays, **Monday 30th of September to Thursday 3rd of October 2019**. Participants for the Retreat are nominated from local secondary schools and organisations in the Yarra Valley, Maroondah and Knox council areas and include surrounding neighborhoods. The "UR Retreat" has being tailored to benefit young women in Years 7 to 9 (aged 13 to 15) who may be considered to be or show behaviours such as:

- Lack of self confidence/self esteem
- Poor Body Image
- Anti-social behavior
- Under-achievers
- Victims of peer pressure/bullying
- Bullies

Workshops, Activities and Guest Speakers

This year with a change of venue, we are very excited to be able to offer additional outdoor education activities, on top of the workshops we have already offered in the past. Some of the workshops and activities may include;

Workshops

- Goal setting skills
- Make-up / beauty therapy
- Self Defence
- Positive body image/Fashion
- Relationships/communication
- Cyber bullying
- Self expression / Art
- Mental Health

Activities

- High Ropes Course
- Bushwalking
- Red faces/ talent show
- Movie night

Guest Speakers

Speaking on issues such as:

- Positive body image
- Self esteem
- Overcoming life's challenges
- Personal achievement

**“The Charity Changing the Lives of Young People”
‘UR Retreat’ Testimonials**

Kate, 15 – Participant

During those four days the leaders and all the girls all made me feel like I had somewhere to belong and a place to call home. I'm sad to say that I might not see some of the girls who I participated with as much as I would like. But it's great that I have memories of them, and I have enjoyed being a part of their memories as well. I have taken away many things from Bridge Builders. I have gained confidence, self-esteem, made new friends and I have even gotten better at giving hugs. My time at Bridge Builders and the amazing people who were there to support me has made me realize that it's okay to be myself, and that there are always people around me who are willing to help.

I would just like to say thank you to all of the leaders who took the time to support and talk to me, and I really appreciate everything you did. Thank you for understanding me, not judging and having more confidence in me than I have ever had in myself. And I hope you all know that the things I achieved could not have been done without your help.

Jessica, 14 – Participant

My first impressions of the retreat were not sure. I didn't think much of it to be honest; I thought it would just be an ordinary camp with just people like me. We got there and I knew it would be nice; the place in general was very pretty and was really relaxing. My thoughts about the place started to change on the first day when I did the high ropes. As soon as we got down there and did them, I was so proud I felt like a different person. I have never done that before and I am so shocked of heights, so I was so proud of myself getting to the top and pushing myself to the limit. The camp has changed me so much, listening to everyone's journeys made me feel like I wasn't alone. It was such an inspiring experience, and getting to know each and every one of those girls was such an amazing feeling. Also the leaders were so nice, and were amazing to each and every one of us. I thought that this camp is such an inspiration for young women like me, I couldn't ask for a better experience. I'm grateful that I had the chance to go on this camp, because it's helping me be a stronger person.

Chloe, 14 – Participant

Before the camp I had mixed emotions about going to the camp. When I got to where we were all meeting a sign of relief came. It was so good to see the leaders with so much energy on a Monday morning. When we got to the camp I was worried who I was going to be put with and if I would get along with them and which I did. The first day of camp was fun we got to know all the girls in the group. The games we played (I forgot what they were called) were so funny and loud. The second day we had some speakers and their stories that they told were so good to listen to. We did some other activities and one of them was rock climbing. Rock climbing isn't really my thing and that is because of the height of it. The people in my group and the leaders were there to help and if it weren't for them I would have not made it past the half way line when I did that I felt so happy. The third day was really fun and it was cool how we got to hang out and do some make up and some art activities.

Then it came to Wednesday night the Sponsor's Dinner, it felt so good to dress and to be comfortable with the people around me after about 2 hours with all the girls getting ready the sponsors were arriving. We got to meet the people who paid for us to go to this wonderful camp. We had a really nice dinner. After the dinner we handed out some medals for the girls and had a talent contest. There was a lot of talent up there. Thank You to the Sponsors for paying for this wonderful camp and Thank You Bridge Builders.

Jakub Wolanski - Participant Sponsor

The UR Retreat is an absolute blessing as it takes 50 young women who may feel lost or stuck at such a pivotal stage of their lives and transforms them in a matter of days. Arming them with the vital tools and resources to thrive and become the best versions of themselves. And perhaps one of the most important lessons they take away is that there is always someone that cares and loves them, no matter what is happening in their lives at any given point. Which for many of us we could easily take for granted...Thank you to the amazing team at Bridge Builders for all their efforts in supporting our future generations! :-)

Sharon Witt – Author of the Teen Talk Series and UR Retreat Guest Speaker

It has been my privilege and honour to be involved in the 'UR Retreat' over the past few years. I have appreciated being given the opportunity to work with the attendees and hopefully provide some valuable input into their lives at such a significant time. The UR Retreat does great work with these girls and I have been encouraged to see the girls grow over the number of days they are surrounded by the care and positive input by the leaders who give of their time. This is such a vital program and offers girls a positive direction in their lives.

Butterfly Adoption Options:

Adopt 'UR' Caterpillar

\$195.00 (includes GST)

This package entitles your company to the following:

- Financially supporting a young woman to attend the 'UR Retreat'.
- Invitation to attend the "UR Retreat' Dinner with the Butterflies" to meet and greet the young women attending.
- A 'UR Retreat' Commemorative product signed by a UR Retreat participant.
- A framed photograph of the participants and the leadership team.
- A framed certificate of appreciation.
- All other involvement by discussion.

Adopt 'UR' Butterflies

\$295.00 (includes GST)

This package entitles your company to the following:

- Financially supporting two young women to attend the 'UR Retreat'.
- Invitation to attend the "UR Retreat' Dinner with the Butterflies" to meet and greet the young women attending.
- A 'UR Retreat' Commemorative product signed by two UR Retreat participants.
- A framed photograph of the participants and the leadership team
- A framed certificate of appreciation.
- All other involvement by discussion.

Adopt a Butterfly House

\$680.00 (includes GST)

This package entitles your company to the following:

- Financially supporting 5 young women to attend the 'UR Retreat'.
- Invitation to attend the "UR Retreat' Dinner with the Butterflies" to meet and greet the young women attending.
- A 'UR Retreat' Commemorative product signed by five UR Retreat participants.
- A framed photograph of the participants and the leadership team.
- A framed certificate of appreciation.
- All other involvement by discussion.

Please select **one of the Butterfly Options** and fill out the details on the enclosed Sponsorship Form (second last page of pack).

The Create Fund

\$1,000 (+gst)

This package entitles your company to the following:

- Logo on all promotional material (if received before going to print).
- Promotional material to be placed in your place of business.
- Exclusive signage space in the general hall and dinner hall at camp site during the Create Day.
- Signage Space during the Dinner with the Butterflies evening.
- One cabin named after your company and/or employees.e.g. The 'your company's name' cabin.
- Company product/information in all gift bags handed to young women.
- A 'UR Retreat' Commerative product signed by five UR Retreat participants.
- A framed photograph of the participants and the leadership team.
- A framed certificate of appreciation.
- Logo and link on the Bridge Builders website on the UR Retreat page for 3 months.
- All other involvement by discussion.

The Immerse Fund

\$2,000 (+gst)

This package entitles your company to the following:

- Logo on all promotional material (if received before going to print).
- Promotional material to be placed in your place of business.
- Exclusive signage space in the general hall, two of the workshop rooms at camp site during the Immerse Day.
- Signage Space during the Dinner with the Butterflies evening.
- One Cabin named after your company and/or employees. .e.g. The 'your company's name' cabin.
- Company product/information in all gift bags handed to young women.
- A 'UR Retreat' Commerative product signed by 10 UR Retreat participants and two leaders.
- A framed photograph of the participants and the leadership team
- A framed certificate of appreciation.
- Logo and link on the Bridge Builders website on the UR Retreat page for 6 months.
- Presentation to your place of business by two of our Bridge Builders team.
- All other involvement by discussion.

Please select either **Create Fund or Immerse Fund Package** and fill out the details on the enclosed Sponsorship Form.

The Empower Fund

\$3,500 (+gst)

This package entitles your company to the following:

- Logo on all promotional material (if received before going to print).
- Promotional material to be placed in your place of business.
- Exclusive invitation to your company representative to meet and greet the leadership team at the 'Leaders Retreat' held in July/August (dates to be confirmed).
- Exclusive signage space at the leaders retreat, the general hall and two of the workshop rooms at camp site during the Empower Day.
- Signage space during the 'Dinner with the Butterflies' evening.
- One Cabin named after your company and/or employees. .e.g. the 'your company's name' cabin.
- Company product/information in all gift bags handed to young women.
- Company's representative to present certificates to leadership team.
- A 'UR Retreat' Commemorative Product signed by the leadership team and 15 UR Retreat Participants.
- A framed photograph of the participants and the leadership team
- A framed certificate of appreciation.
- Logo and link on the Bridge Builders website on the UR Retreat page for 6 months.
- Presentation to your place of business by two of our Bridge Builders 'UR Retreat' team.
- An invitation to your company's representative to attend the 'UR Retreat' Reunion.
- All other involvement by discussion.

The Celebrate Fund

\$5,000 (+gst)

This package entitles your company to the following:

- Logo on all promotional material (if received before going to print).
- Promotional material to be placed in your place of business.
- Exclusive invitation to your company representative to meet and greet the leadership team at the 'Leaders Retreat' held in July/August (dates to be confirmed).
- Exclusive signage space in the main hall of camp site and all cabins during the whole UR Retreat.
- Signage Space during the 'Dinner with the Butterflies' evening.
- The UR Retreat team support cabin named after your company and/or employees. .e.g. the 'your company's name' cabin.
- Company product/information in all gift bags handed to young women.
- Company's representative to present certificates to participants during the Dinner with Butterflies evening.
- Commemorative Product signed by the leadership team and all UR Retreat Participants.
- A framed photograph of the participants and the leadership team
- A framed certificate of appreciation.
- Logo and link on the Bridge Builders website on the UR Retreat page for 12 months.
- Presentation to your place of business by two of our Bridge Builders 'UR Retreat' team.
- An invitation to your company's representative to attend the 'UR Retreat' Reunion.
- All other involvement by discussion.

Please select either **The Empower Fund or Celebrate Fund Package** and fill out the details on the enclosed Sponsorship Form. **(NB: There is only one of these packages available).**



"The Charity Changing the Lives of Young People"



Sponsorship Form

Our Business/Company: _____

Contact Name: _____

Address: _____

Phone Number: _____ Fax Number: _____

Email: _____

We agree to sponsor the 'UR Retreat for Young Women', which will be held on the 30th Sept to 3rd Oct 2019.

'UR Retreat' Sponsorship Options

Please tick the option you will be sponsoring.

Please note for the Butterfly Adoption options please specify how many you are sponsoring in the space provided.

- ___ X \$195 GST inclusive - Adopt 'UR' Caterpillar
- ___ X \$295 GST inclusive - Adopt 'UR' Butterflies
- ___ X \$680 GST inclusive - Adopt a Butterfly House
- \$1,000 – The Create Fund Package
- \$2,000 – The Immerse Fund Package
- \$3,500 – The Empower Fund Package
- \$5,000 – The Celebrate Fund Package

Or my own choice of donation: _____

Payment Methods: Please indicate which method you will be using:

- Invoice Required Cash/Cheque Credit Card Direct Transfer/EFT

Signed: _____ Date: _____

Please email or post completed form back to Bridge Builders for confirmation and tax invoices to the details below.

Email: accounts@bridgebuilders.com.au

Post: Attention: Accounts, Bridge Builders, P.O. Box 473 Mount Evelyn VIC 3796